

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 13:15 until 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lejeune Melanie

Coaches: Lejeune Yves HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 38: 100M BREASTSTROKE MEN 11-12 **Heat:6, starttime: 14:56**

Heat: 6/7 Lane : 4 Athlete: BEUSELINCK LIAM **Q-time: 01:27:88**

PB (50m pool): 01:31.27 Molenbeek 01/02/2026 **PB (25m pool): 01:26.66 SB: 01:31.27 Molenbeek 01/02/2026**

	50 M	100 M	
PB	no time	01:31.27	
	<i>no time</i>		
	

Coach feedback:

Event number: 41: 50M BUTTERFLY WOMEN 15-16 **Heat:5, starttime: 15:34**

Heat: 5/6 Lane : 6 Athlete: VEDERNIKOVA VERA **Q-time: 00:30:00**

PB (50m pool): 00:30.32 Molenbeek 01/02/2026 **PB (25m pool): 00:30.00 SB: 00:30.32 Molenbeek 01/02/2026**

	50 M	
PB	00:30.32	
	<i>00:30.32</i>	
	

Coach feedback:

Event number: 42: 50M BUTTERFLY MEN 15-16 **Heat:3, starttime: 15:39**

Heat: 3/4 Lane : 5 Athlete: VAN SINTEJAN ROMAIN **Q-time: 00:26:84**

PB (50m pool): 00:26.91 Antwerpen 27/07/2025 **PB (25m pool): 00:26.84 SB: 00:27.46 Molenbeek 01/02/2026**

	50 M	
PB	00:26.91	
	<i>00:26.91</i>	
	

Coach feedback:

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Event number: 42: 50M BUTTERFLY MEN 15-16		Heat:4, starttime: 15:40	
Heat: 4/4 Lane : 8 Athlete: LASCARACHE CHRISTIAN		Q-time: 00:28:90	
PB (50m pool): 00:29.59 Geneva 08/02/2026		PB (25m pool): 00:28.90 SB: 00:29.59 Geneva 08/02/2026	
	50 M		
PB	00:29.59		
	00:29.59		
		

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12		Heat:7, starttime: 15:57	
Heat: 7/7 Lane : 5 Athlete: BEUSELINCK LIAM		Q-time: 00:31:98	
PB (50m pool): 00:31.98 Molenbeek 01/02/2026		PB (25m pool): 00:32.36 SB: 00:31.98 Molenbeek 01/02/2026	
	50 M		
PB	00:31.98		
	00:31.98		
		

Coach feedback:

Event number: 45: 100M BUTTERFLY MEN 13-14			Heat:5, starttime: 16:05		
Heat: 5/5 Lane : 8 Athlete: WAUTERS SACHA			Q-time: 01:14:21		
PB (50m pool): 01:17.24 Ottignies Louvain-La-Neuve 16/03/2025			PB (25m pool): 01:14.21 SB: no time		
	50 M	100 M			
PB	00:35.60	01:17.24			
	00:35.60	00:41.64			
			

Coach feedback:

Event number: 47: 400M MEDLEY WOMEN 15-16							Heat:3, starttime: 16:27	
Heat: 3/3 Lane : 4 Athlete: VEDERNIKOVA VERA							Q-time: 04:58:68	
PB (50m pool): 05:13.75 Molenbeek 01/02/2026			PB (25m pool): 04:58.68 SB: 05:13.75 Molenbeek 01/02/2026					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	01:09.53	no time	no time	no time	no time	no time	05:13.75
	no time							

Coach feedback:

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Event number: 47: 400M MEDLEY WOMEN 15-16							Heat:3, starttime: 16:27	
Heat: 3/3 Lane : 6 Athlete: GANSEMANS KESSY							Q-time: 05:06:88	
PB (50m pool): 05:15.85 Antwerpen 27/07/2025			PB (25m pool): 05:06.88 SB: 05:17.33 Geneva 08/02/2026					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:33.69	01:14.96	01:56.45	02:35.68	03:20.09	04:04.49	04:40.67	05:15.85
	00:33.69	00:41.27	00:41.49	00:39.23	00:44.41	00:44.40	00:36.18	00:35.18

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12			Heat:7, starttime: 17:17		
Heat: 7/7 Lane : 1 Athlete: BEUSELINCK LIAM			Q-time: 01:16:48		
PB (50m pool): 01:17.95 Molenbeek 01/02/2026		PB (25m pool): 01:16.48 SB: 01:17.95 Molenbeek 01/02/2026			
	50 M	100 M			
PB	no time	01:17.95			
	no time				
			

Coach feedback: